

I. Some properties of the FT on L^p .

Definition: If $u \in S'(\mathbb{R}^n)$ is a tempered distribution we define u^\vee

via the formula $u^\vee(\phi) = \frac{1}{(2\pi)^n} u(\widehat{\phi})$, for all $\phi \in S(\mathbb{R}^n)$. We call this the "inverse Fourier transform".

A general, but somewhat abstract, result about the computation of Fourier transforms and the Fourier inversion formula is the following:

Proposition: Let $u \in S'(\mathbb{R}^n)$. Then $(\widehat{u})^\vee = u$. In addition, if $u \in L^p(\mathbb{R}^n)$ for $1 \leq p \leq 2$

and $f_k \in S(\mathbb{R}^n)$ are such that $f_k \rightarrow u$ in $L^p(\mathbb{R}^n)$ then $\widehat{f}_k \rightarrow \widehat{u}$ in $L^{p'}(\mathbb{R}^n)$.

In addition, if we write $\widehat{u}_R(\xi) = \int_{|x| \leq R} e^{-ix \cdot \xi} u(x) dx$, then $\widehat{f}_k \rightarrow \widehat{u}$ in $L^{p'}(\mathbb{R}^n)$.

pf: The abstract inversion formula follows from computing $(\widehat{u})^\vee(\phi) = \frac{1}{(2\pi)^n} \widehat{u}(\widehat{\phi}) = \frac{1}{(2\pi)^n} u(\mathcal{F}\widehat{\phi}) = u(\frac{1}{(2\pi)^n} \mathcal{F}^2 \phi)$

all $\phi \in S(\mathbb{R}^n)$, so $(\widehat{u})^\vee(\phi) = u(\phi)$ thanks to inversion on $S(\mathbb{R}^n)$. Suppose $f_k \in S(\mathbb{R}^n)$ with $f_k \rightarrow u$,

then by Hausdorff-Young $\|\widehat{f}_k - \widehat{u}\|_{p'} \leq (2\pi)^{n/p'} \|f_k - u\|_p$ so the result follows.

The same result for \widehat{f}_k replaced by $\widehat{\chi_{|x| \leq R} u}$ follows similarly.

Just like before we have the following list of identities for the FT on L^p .

Proposition: Let $f \in L^p(\mathbb{R}^n)$ and $g \in L^q(\mathbb{R}^n)$ be functions and let \widehat{f}, \widehat{g} be their

Fourier transforms in the sense of distributions. Then:

1) $\widehat{\tau_b f} = e^{-ib \cdot \xi} \widehat{f}$, $\widehat{e^{ix \cdot a} f} = \tau_a \widehat{f}$, $\widehat{f \circ A} = \frac{1}{|A|} \widehat{f \circ (A^{-1})}$ all $A \in GL_n$ for $1 \leq p \leq 2$.

2) $\langle \widehat{f}, g \rangle = \langle f, \widehat{g} \rangle$ when $1 \leq p = q \leq 2$.

3) $\widehat{f * g} = \widehat{f} \widehat{g}$ and $(f * g)^\vee = (2\pi)^n f^\vee \cdot g^\vee$ if $3/2 \leq 1/p + 1/q$.

4) If $f \in L^p(\mathbb{R}^n)$ for $1 \leq p \leq 2$ and $\psi \in \mathcal{S}$ then $(\widehat{f \cdot \psi})^\vee = \psi^\vee * f$.

5) If $p=q=2$ then $(f, g) = \frac{1}{(2\pi)^n} (\widehat{f}, \widehat{g})$.

pf: The proofs follow easily from the corresponding statements for $S(\mathbb{R}^n)$ and

density. Note that the conditions on p, q in 3)-4) are so Hausdorff-Young is satisfied.

The constants in 3) comes from $(f * g)^\vee = \frac{1}{(2\pi)^n} \widehat{R(f * g)} = \frac{1}{(2\pi)^n} \widehat{Rf \cdot Rg} = (2\pi)^n f^\vee \cdot g^\vee$. Part 4) follows by taking the FT of both sides.

Now we can prove the following thing about Fourier inversion.

Thm: Let $f \in L^1(\mathbb{R}^n)$ with $1 \leq p \leq 2$. Let $\psi \in S(\mathbb{R}^n)$ such that $\psi(0) = 1$. Set

$$f_\varepsilon(x) = \frac{1}{(2\pi)^n} \int e^{ix \cdot \xi} \psi(\varepsilon \xi) \widehat{f}(\xi) d\xi. \text{ Then as } \varepsilon \rightarrow 0 \text{ one has } f_\varepsilon \rightarrow f \text{ in } L^p$$

and $f_\varepsilon(x) \rightarrow f(x)$ for all $x \in \mathcal{L}_f$.

pf: $\psi(\varepsilon \cdot) \in S(\mathbb{R}^n)$, so $f_\varepsilon = (\psi(\varepsilon \cdot) \widehat{f})^\vee = (\psi(\varepsilon \cdot))^\vee * f$. We have $\psi(\varepsilon \cdot)^\vee_{\xi} = \varepsilon^{-n} \psi^\vee(\varepsilon^{-1} x)$.

Since $\psi^\vee \in S(\mathbb{R}^n)$, it is easy to check $|\psi(\varepsilon \cdot)^\vee(x)| \leq \frac{C \varepsilon^{-n}}{(1 + |\varepsilon x|)^{n+1}}$, and $\int \psi(\varepsilon \cdot)^\vee(x) dx = 1$.

Thus $\psi(\varepsilon \cdot)^\vee$ is an "approximate identity" and the result follows.

Remark: By splitting functions, the previous theorem also shows that for $f \in L^1 + L^2$

one has $\frac{1}{(2\pi)^n} \int e^{ix \cdot \xi} \psi(\varepsilon \xi) \widehat{f}(\xi) d\xi \rightarrow f(x)$ pointwise a.e. for any $\psi \in S(\mathbb{R}^n)$ with $\psi(0) = 1$.

A typical example is $f(x) \stackrel{\text{a.e.}}{=} \lim_{\varepsilon \rightarrow 0} \frac{1}{(2\pi)^n} \int e^{ix \cdot \xi} e^{-\varepsilon |\xi|^2} \widehat{f}(\xi) d\xi$ all $f \in L^1 + L^2$.

II. The Uncertainty Principle

We start with the most basic uncertainty principle which states that if

\hat{f} is concentrated on a box of size $\lambda_1 x \dots x \lambda_n$ then the support of f cannot be compressed further than boxes of size $\lambda_1^{-1} x \dots x \lambda_n^{-1}$:

Thm: (Heisenberg's Uncertainty Relation) Let $f \in S(\mathbb{R}^n)$, then for $(x_0, \xi_0) \in \mathbb{R}^n \times \mathbb{R}^n$ one has

$$\|f\|_{L^2}^2 \leq \frac{2}{n} (\pi)^{-n/2} \sum_{k=1}^n \|(x-x_0)^k f\|_{L^2} \|(\xi-\xi_0)_k \hat{f}\|_{L^2}$$

The constant is sharp in the sense that there is equality for $f = |A|^{1/2} e^{ix \cdot \xi_0} e^{-\frac{1}{2}|A(x-x_0)|^2}$ where $A = (\lambda_1 \dots \lambda_n)$

is a positive definite diagonal matrix.

Remark: By the Cauchy-Schwarz inequality one has $\|f\|_{L^2}^2 \leq \frac{2}{n} (\pi)^{n/2} \| |x-x_0| f \|_{L^2} \| |\xi-\xi_0| \hat{f} \|_{L^2}$

which in general is a less precise form.

pf: First compute $\text{Im} (D_k f, x^k f) = \frac{1}{2i} (D_k f, x^k f) - (x^k f, D_k f) = \frac{1}{2i} (\{x^k, D_k\} f, f) = \frac{1}{2} \|f\|_{L^2}^2$

Thus $\|f\|_{L^2}^2 \leq 2 \|x^k f\|_{L^2} \|D_k f\|_{L^2} = 2(\pi)^{-n/2} \|x^k f\|_{L^2} \|\xi_k \hat{f}\|_{L^2}$. Summing on $k=1, \dots, n$ yields

$$\|f\|_{L^2}^2 \leq \frac{2}{n} (\pi)^{-n/2} \sum_{k=1}^n \|x^k f\|_{L^2} \|\xi_k \hat{f}\|_{L^2}$$

Applying this estimate to $e^{-ix \cdot \xi_0} \tau_{-x_0} f$ yields the desired result by noting $\widehat{e^{-ix \cdot \xi_0} \tau_{-x_0} f} = e^{i(\xi+\xi_0) \cdot x_0} \hat{f}(\xi+\xi_0)$.

To see the optimality of the Gaussian note that $\widehat{e^{i(\cdot) \cdot \xi_0} \tau_{x_0} f} = e^{-ix_0 \cdot (\xi-\xi_0)} \hat{f}(\xi-\xi_0)$,

so with $f(x) = |A|^{1/2} e^{ix \cdot \xi_0} e^{-\frac{1}{2}|A(x-x_0)|^2}$ then $\hat{f} = (\pi)^{n/2} |A^{-1}|^{1/2} e^{-ix_0 \cdot (\xi-\xi_0)} e^{-\frac{1}{2}|A^{-1}(\xi-\xi_0)|^2}$.

By change of variables we compute $\|f\|_{L^2}^2 = \int e^{-|x|^2} dx = \pi^{n/2}$.

Likewise $\|(x-x_0)^k f\|_{L^2}^2 = \lambda_k^{-2} \int (x^k)^2 e^{-|x|^2} dx = \frac{1}{2} \lambda_k^{-2} \int e^{-|x|^2} dx = \frac{1}{2} \pi^{n/2} \lambda_k^{-2}$.

And $\|(\xi-\xi_0)_k \hat{f}\|_{L^2}^2 = (2\pi)^n \lambda_k^{-2} \int (\xi_k)^2 e^{-|\xi|^2} d\xi = 2^{n-1} \pi^{3n/2} \lambda_k^{-2}$.

Thus $\sum_{k=1}^n \| (x-x_0)^k f \|_{L^2} \| (\xi-\xi_0)_k \hat{f} \|_{L^2} = \frac{n}{2} (2\pi)^{n/2} \cdot \pi^{n/2} = \frac{n}{2} (\pi)^{n/2} \|f\|_{L^2}^2$

Next, we express another version of the uncertainty principle in terms of L^p norms.

This will also allow us to introduce a few more basic concepts about distributions.

Defn: Let $u \in \mathcal{S}'(\mathbb{R}^n)$ be a tempered distribution. We define $\text{supp}(u)$ to be the smallest closed subset of \mathbb{R}^n such that $u(f) = 0$ for all $f \in \mathcal{S}(\mathbb{R}^n)$ with $\text{supp}(f) \subseteq \mathbb{R}^n \setminus \text{supp}(u)$. We say a distribution $u \in \mathcal{S}'(\mathbb{R}^n)$ is of compact support if $\text{supp}(u)$ is bounded. We define $\mathcal{E}'(\mathbb{R}^n)$ to be all distributions of compact support.

Lemma: Let $u \in \mathcal{S}'(\mathbb{R}^n)$ with compact support. Then u has a natural extension to a map $u: C^\infty(\mathbb{R}^n) \rightarrow \mathbb{C}$ which is continuous with respect to the seminorms $\|\cdot\|_{\alpha, K}$, $\alpha \in \mathbb{N}^n$ and $K \subseteq \mathbb{R}^n$ compact, where $\|f\|_{\alpha, K} = \sup_{x \in K} |\partial^\alpha f(x)|$.

pf: Let $\psi \in C_c^\infty(\mathbb{R}^n)$ with $\psi \equiv 1$ on some open set $\mathcal{U} \supseteq \text{supp}(u)$. Then for $f \in \mathcal{S}(\mathbb{R}^n)$

we have $u(\psi f) = u((1-\psi)f + \psi f) = u(\psi f)$ because $\text{supp}((1-\psi)f) \subseteq \mathbb{R}^n \setminus \text{supp}(u)$.

Thus $|u(\psi f)| \leq C \sum_{|\alpha| \leq N} \|x^\alpha \partial^\alpha (\psi f)\|_\infty \leq \tilde{C} \sum_{|\alpha| \leq N} \|\partial^\alpha f\|_{L^\infty(\text{supp}(u))}$. Now this makes sense even for $f \in C^\infty(\mathbb{R}^n)$.

So the extension property on continuity w.r.t $\|\cdot\|_{\alpha, K}$ follows at once.

The Fourier transform of compactly supported distributions is easy to describe "classically":

Prop: If $u \in \mathcal{E}'(\mathbb{R}^n)$ then $\hat{u} \in C^\infty(\mathbb{R}^n)$ and is given by the formula $\hat{u}(\xi) = u(e^{i\xi \cdot (\cdot)})$

and satisfies an estimate $|\partial_\xi^\alpha \hat{u}(\xi)| \leq C_\alpha (1+|\xi|)^N$ some fixed N . On the other hand

if $\hat{u} \in \mathcal{E}'(\mathbb{R}^n)$ then $u \in C^\infty(\mathbb{R}^n)$, is given by $u(x) = \frac{1}{(2\pi)^n} \hat{u}(e^{ix \cdot (\cdot)})$, and satisfies

an estimate of the form $|\partial_x^\alpha u(x)| \leq C_\alpha (1+|x|)^N$ for some fixed N .

pf: First define the function $\hat{u}(\xi) = u(e^{i\xi \cdot (\cdot)}) = u_x(e^{i\xi \cdot x})$. Since the difference quotients

$$h_{\alpha, \xi}^{-1} e^{-i\xi \cdot x} \Big|_{x_0}^{\xi = \xi_0 + h e_{\alpha, \xi}} \rightarrow \partial_{\xi_\alpha} e^{-i\xi \cdot x} \Big|_{\xi_0} \text{ in } C^\infty(\mathbb{R}^n) \text{ w.r.t } x \text{ variable (uniform on compact sets)}$$

we get $\Delta_{k,h} \hat{u}(\xi) = u_x(\Delta_{k,h} e^{i\xi \cdot x}) \rightarrow u_x(-ix^k e^{i\xi \cdot x})$. Induction gives $\partial_\xi^\alpha \hat{u}$ exists
 and $\partial^\alpha \hat{u}(\xi) = (-i)^{|\alpha|} u_x(x^\alpha e^{i\xi \cdot x})$, thus $|\partial^\alpha \hat{u}(\xi)| \leq C \sum_{|\alpha| \leq |\alpha|} \|\partial^\alpha (x^\alpha e^{i\xi \cdot x})\|_{C^0(K)}$ some compact

$K \subseteq \mathbb{R}^n$. Thus $|\partial^\alpha \hat{u}| \leq C_x (1+|\xi|)^M$ follows. Finally, to show $\hat{u}(\xi)$ is the FT of u
 in the sense of distributions we need to show $\langle u, \int e^{ix \cdot \xi} \phi(\xi) d\xi \rangle = \int \langle u, e^{ix \cdot \xi} \rangle \phi(\xi) d\xi$
 for all $\phi \in S(\mathbb{R}^n)$. By density & continuity of FT, it suffices to consider $\phi \in C_c^\infty(\mathbb{R}^n)$.

Then the result follows from linearity and Riemann integration because for any sequence
 of meshes $|\Delta_k^{(j)}(\xi)| \rightarrow 0$ as $j \rightarrow \infty$, we have $\sum_k e^{ix \cdot \xi} f(\xi) \Delta_k^{(j)}(\xi) \xrightarrow{C^0(\mathbb{R}^n)} \int e^{ix \cdot \xi} f(\xi) d\xi$,
 and by smoothness of $\langle u, e^{ix \cdot \xi} \rangle$ we have $\sum_k \langle u, e^{ix \cdot \xi} \rangle f(\xi) \Delta_k^{(j)}(\xi) \rightarrow \int \langle u, e^{ix \cdot \xi} \rangle f(\xi) d\xi$
 as well.

Corollary: Let $u \in S'(\mathbb{R}^n)$, then \exists a sequence $u_\epsilon \in C_c^\infty(\mathbb{R}^n)$ such that $u_\epsilon \rightarrow u$
 (weakly in sense of distributions). Moreover, the convergence is "uniformly bounded" in the sense
 such that $|\langle u_\epsilon, f \rangle| \leq C \sum_{|\alpha| \leq N} \|f\|_{\alpha, B}$ for C, N, M uniform in $\epsilon \rightarrow 0$.

pf: Let $\psi \in C_c^\infty(\mathbb{R}^n)$ with $\psi \equiv 1$ on $|x| \leq 1$. Define $u_\epsilon(x) = \psi(\epsilon x) \widehat{w}_\epsilon(x)$
 where $\widehat{w}_\epsilon = \psi(\epsilon x) \cdot \hat{u}$, i.e. $\widehat{w}_\epsilon(f) = \hat{u}(\psi(\epsilon \cdot) f)$. Since $\widehat{w}_\epsilon \in S'(\mathbb{R}^n)$
 we have $w_\epsilon(x) \in C^\infty(\mathbb{R}^n)$, so $\psi(\epsilon x) \cdot w_\epsilon(x) \in C_c^\infty(\mathbb{R}^n)$. Fix $f \in S(\mathbb{R}^n)$,
 then $\langle u_\epsilon, f \rangle = \langle w_\epsilon, f \rangle + \langle w_\epsilon, (\psi(\epsilon \cdot) - 1) f \rangle$. Thus, to show $u_\epsilon \rightarrow u$ uniformly in our sense
 we need $w_\epsilon \rightarrow u$ and $|\langle w_\epsilon, g \rangle| \leq C \sum_{|\alpha| \leq N} \|g\|_{\alpha, B}$ uniform as $\epsilon \rightarrow 0$. Both of these follow
 at once because $\langle w_\epsilon, f \rangle = \langle \widehat{w}_\epsilon, f^\vee \rangle = \langle \hat{u}, \psi(\epsilon \cdot) f^\vee \rangle$. And $\psi(\epsilon \cdot) f^\vee \rightarrow f^\vee$ in S ,
 while $\hat{u} \in S'(\mathbb{R}^n)$ so $|\langle \hat{u}, \psi(\epsilon \cdot) f^\vee \rangle| \leq C \sum_{|\alpha| \leq N} \|f^\vee\|_{\alpha, B} \leq \tilde{C} \sum_{|\alpha| \leq N} \|g\|_{\alpha, B}$ uniform as $\epsilon \rightarrow 0$.

We now use these regularizations to set up the basic convolution identities
 for distributions.

Defn: Let $u \in S'(\mathbb{R}^n)$ and $f \in S(\mathbb{R}^n)$. Then we define $u * f$ to be the function $x \mapsto \langle u, \tau_x R f \rangle$.

Theorem: Let $u \in S'(\mathbb{R}^n)$ and $f, g \in S(\mathbb{R}^n)$. Then:

- 1) $u * f \in C^\infty(\mathbb{R}^n)$, and there exists an $N > 0$ depending only on u , and $C_2 > 0$ depending on both u and f such that $|\partial^\alpha (u * f)(x)| \leq C_2 (1+|x|)^N$. One has $\partial^\alpha (u * f) = u * \partial^\alpha f$.
- 2) One has $(u * f) * g = u * (f * g)$, and $\langle u * f, g \rangle = \langle u, R * f * g \rangle$.
- 3) $\widehat{u * f} = \widehat{u} \widehat{f}$ and $(u * f)^\vee = (\pi)^n u^\vee \cdot f^\vee$ when multiplication is defined by $\langle f \cdot u, g \rangle = \langle u, f * g \rangle$.
- 4) $\widehat{u * f} = \frac{1}{(\pi)^n} \widehat{u} \widehat{f}$ and $(u * f)^\vee = u^\vee * f^\vee$.

pf: 1) To show $u * f \in C^\infty(\mathbb{R}^n)$ and $\partial^\alpha (u * f) = u * (\partial^\alpha f)$ we use induction and the fact that the difference quotients in x for x fixed, $\Delta_{kh} f(x-y) = \frac{1}{h} (f(x+h e_k - y) - f(x-y))$ converge to $\partial_k f(x-y)$ in $S(\mathbb{R}^n)$.

To get the bound note $|(u * f)(x)| \leq C \sum_{\substack{|j| \leq N \\ |k| \leq m}} \|\tau_x R f\|_{j,B} = \|y^j \partial^k f(x-y)\|_{L^\infty(dy)} \leq C_\alpha (1+|x|)^{|\alpha|} \|(1+|x|)^{|\alpha|} \partial^k f(x-y)\|_{L^\infty(dy)} \leq C_2 (1+|x|)^{|\alpha|} \sum_{|j| \leq \alpha} \|f\|_{j,B}$.

To show the identities 2)-4) we use the same idea repeatedly: If $u_\epsilon, u \in S'(\mathbb{R}^n)$

and $u_\epsilon \rightarrow u$, then for $f \in S(\mathbb{R}^n)$ $u_\epsilon * f \rightarrow u * f$. This is a simple consequence of the

formula $\int \langle u, \tau_x R f \rangle g(x) dx = \langle u, \int \tau_x R f g(x) dx \rangle$ for $g \in C_c^\infty(\mathbb{R}^n)$ which can be shown

using the Riemann sum idea of the FT proof for $S'(\mathbb{R}^n)$ above. By density this

gives $\langle u * f, g \rangle = \langle u, R * f * g \rangle$ all $u \in S'(\mathbb{R}^n)$ and $f, g \in S(\mathbb{R}^n)$ and $u_\epsilon * f \rightarrow u * f$ follows.

Now 2)-4) all follow from their counterparts in the case $u \in S(\mathbb{R}^n)$ as well.

Now we return to uncertainty principles for the Fourier transform. The following

estimate is often useful in the theory of PDE:

Thm: (Bernstein's Inequality) Let $u \in S'(\mathbb{R}^n)$ be a tempered distribution such that

\hat{u} is supported in a rectangle $R = \{ \xi \in \mathbb{R}^n \mid |\xi_k - \xi_k^0| \leq \lambda_k \}$ for some $\xi^0 \in \mathbb{R}^n$

and $\lambda_k > 0$. Then if $u \in L^p(\mathbb{R}^n)$ one has $u \in L^q(\mathbb{R}^n)$ all $q > p$ and there is a fixed $C > 0$

(not depending on p, q) such that: $\|u\|_q \leq C |R|^{1/p - 1/q} \|u\|_p$ where $|R| = \prod_{k=1}^n \lambda_k$

is the measure of R .

pf: By multiplying u by $e^{-ix \cdot \xi^0}$ we can assume $\xi^0 = 0$. Let $\varphi \in C_c^\infty(\mathbb{R}^n)$ be

a function with $\varphi \equiv 1$ on the box $|x^k| \leq 2$ for $k=1, \dots, n$, and set $(\varphi^R)(\xi) = \varphi(A^{-1}\xi)$

where $A = \text{diag}(\lambda_1, \dots, \lambda_n)$. Then $\hat{u} \cdot \varphi^R = \hat{u}$, so by the Fourier inversion formula we

have $u = \mathcal{U}^*(\varphi^R)^\vee$. By interpolating we only need to show both $\|(\varphi^R)^\vee\|_1 \leq C$ and $\|(\varphi^R)^\vee\|_\infty \leq C |R|$.

The second bound follows at once from $|(\varphi^R)^\vee(x)| \leq \frac{1}{(2\pi)^n} \| \varphi \|_{L^1(d\xi)}$, while the second

follows from the formula $(\varphi^R)^\vee(x) = |A| \varphi^\vee(Ax)$ and $\varphi^\vee \in S(\mathbb{R}^n)$.