

$$\begin{aligned} & \int_0^{t_0} I_{t_0}(V, V) - I_{t_0}(J, J) = \\ & = \int_0^{t_0} \langle \sum f'_i J_i, \sum f'_j J_j \rangle dt \\ & = \int_0^{t_0} \left| \sum f'_i J_i \right|^2 dt \geq 0 \end{aligned}$$

This is 0 iff $\sum f'_i J_i \equiv 0$

$\Rightarrow f'_i \equiv 0 \quad \forall i \quad \Rightarrow f_i$ is constant $\forall i$
 $f_i(t) = f_i(t_0) = a_i$

$\Rightarrow V = J$ on $[0, t_0]$ □

Rauch's theorem: Suppose M and \tilde{M} are Riemannian manifolds of dim. n & $n+k$ resp.

Suppose given a geodesic $\gamma: [0, a] \rightarrow M$ and a geodesic $\tilde{\gamma}: [0, a] \rightarrow \tilde{M}$ s.t. $|\dot{\gamma}(t)| = |\dot{\tilde{\gamma}}(t)|$.

Let J and \tilde{J} be Jacobi fields along γ & $\tilde{\gamma}$ resp. s.t. $J(0) = \tilde{J}(0) = 0$, $\left| \frac{DJ}{dt}(0) \right| = \left| \frac{D\tilde{J}}{dt}(0) \right|$

$$\text{and } \left\langle \frac{DJ}{dt}(0), \dot{\gamma}(0) \right\rangle = \left\langle \frac{D\tilde{J}}{dt}(0), \dot{\tilde{\gamma}}(0) \right\rangle.$$

Assume that $\tilde{\gamma}$ has no conjugate points on $(0, a]$ and $\forall t, \forall x \in T_{\gamma(t)}M, \tilde{x} \in T_{\tilde{\gamma}(t)}\tilde{M}$

$$\tilde{K}(\tilde{x}, \dot{\tilde{\gamma}}(t)) \geq K(x, \dot{\gamma}(t))$$

where K and \tilde{K} are the sectional

curvatures of M and \tilde{M} resp..

Then $|\tilde{J}| \leq |J|$.

If $\exists t_0 \in (0, a]$ s.t. $|\tilde{J}(t_0)| = |J(t_0)|$,

then $\tilde{K}(\tilde{J}(t), \tilde{\gamma}'(t)) = K(J(t), \gamma'(t))$

$\forall t \in [0, t_0]$.

Proof: Recall Proposition 3.6 of Chapter 5:

If J is a Jacobi field along $\gamma: [0, a] \rightarrow M$,

then

$$\langle J(t), \gamma'(t) \rangle = \left\langle \frac{DJ}{dt}(0), \gamma'(0) \right\rangle t + \langle J(0), \gamma'(0) \rangle$$

Apply this to J and \tilde{J} to obtain,

$$\begin{aligned} \langle J(t), \gamma'(t) \rangle &= \langle \tilde{J}(t), \tilde{\gamma}'(t) \rangle \quad \forall t \\ &= \left\langle \frac{D\tilde{J}}{dt}(0), \tilde{\gamma}'(0) \right\rangle t \end{aligned}$$

$\frac{\langle J(t), \gamma'(t) \rangle}{|\gamma'(t)|^2} \gamma'(t)$ is the projection

of $J(t)$ onto $\gamma'(t)$. We replace J

with $J(t) - \frac{\langle J(t), \gamma'(t) \rangle}{\langle \gamma'(t), \gamma'(t) \rangle} \gamma'(t)$

and \tilde{J} with $\tilde{J}(t) - \frac{\langle \tilde{J}(t), \tilde{\gamma}'(t) \rangle}{\langle \tilde{\gamma}'(t), \tilde{\gamma}'(t) \rangle} \tilde{\gamma}'(t)$.

So we can assume $\langle J(t), \gamma'(t) \rangle = 0$
and $\langle \tilde{J}(t), \tilde{\gamma}'(t) \rangle = 0 \quad \forall t$.

If $\frac{DJ}{dt}(0) = 0$, then $J(t) = 0 \quad \forall t$.

So assume $\frac{DJ}{dt}(0) \neq 0$ (hence $\frac{D\tilde{J}}{dt}(0) \neq 0$)

We are going to compare $v(t) := |J(t)|^2$
and $\tilde{v}(t) := |\tilde{J}(t)|^2$. Since $\tilde{\gamma}$ has no
conjugate points, $\frac{v(t)}{\tilde{v}(t)}$ is well-defined

on $(0, a]$. By l'Hôpital:

$$\lim_{t \rightarrow 0^+} \frac{v(t)}{\tilde{v}(t)} = \lim_{t \rightarrow 0^+} \frac{v'(t)}{\tilde{v}'(t)} = \lim_{t \rightarrow 0^+} \frac{v''(t)}{\tilde{v}''(t)}$$

$$v'(t) = \langle J(t), J(t) \rangle' = 2 \left\langle \frac{DJ}{dt}, J \right\rangle$$

$$v''(t) = 2 \left\langle \frac{D^2J}{dt^2}, J \right\rangle + 2 \left\langle \frac{DJ}{dt}, \frac{DJ}{dt} \right\rangle$$

$$\Rightarrow \lim_{t \rightarrow 0^+} \frac{v(t)}{\tilde{v}(t)} = \frac{\left| \frac{DJ}{dt}(0) \right|^2}{\left| \frac{D\tilde{J}}{dt}(0) \right|^2} = 1$$

If we show that $\frac{v}{\tilde{v}}$ is an increasing
function, it will follow that $\frac{v}{\tilde{v}} \geq 1 \quad \forall t$.

This means $\left(\frac{v}{\tilde{v}} \right)' \geq 0 \quad \forall t$, or $v' \tilde{v} - v \tilde{v}' \geq 0$.

Fix $t_0 \in (0, a]$. Want to show:

$$r'(t_0)\tilde{v}(t_0) - r(t_0)\tilde{v}'(t_0) \geq 0$$

If $r(t_0) = 0$, then $J(t_0) = 0$ and $r'(t_0) = 0$ and the inequality is trivially satisfied. So we can assume $r(t_0) \neq 0$.

$\tilde{r}(t_0) \neq 0$ because $\tilde{\gamma}$ has no conjugate points.

So we prove $\frac{r'(t_0)}{r(t_0)} \geq \frac{\tilde{v}'(t_0)}{\tilde{v}(t_0)}$.

$$\frac{r'(t_0)}{r(t_0)} = \frac{2 \left\langle \frac{DJ}{dt}(t_0), J(t_0) \right\rangle}{\langle J(t_0), J(t_0) \rangle}$$

Note: $r'(t_0) = \int_0^{t_0} r''(t) dt$

$$= 2 \int_0^{t_0} \left(\left\langle \frac{DJ}{dt}, \frac{DJ}{dt} \right\rangle + \left\langle \frac{D^2J}{dt^2} J, J \right\rangle \right) dt$$
$$= 2 \int_0^{t_0} \left(\left\langle \frac{DJ}{dt}, \frac{DJ}{dt} \right\rangle - \langle R(\gamma', J)\gamma', J \rangle \right) dt$$
$$= 2 I_{t_0}(J, J)$$

$$S_0 \quad \frac{v'(t_0)}{v(t_0)} = \frac{g}{v(t_0)} I_{t_0}(\underline{J}, \underline{J})$$

$$= g I_{t_0} \left(\frac{\underline{J}}{\sqrt{v(t_0)}}, \frac{\underline{J}}{\sqrt{v(t_0)}} \right)$$

similarly: $\frac{\tilde{v}'(t_0)}{\tilde{v}(t_0)} = 2 \tilde{I}_{t_0} \left(\frac{\tilde{\underline{J}}}{\sqrt{\tilde{v}(t_0)}}, \frac{\tilde{\underline{J}}}{\sqrt{\tilde{v}(t_0)}} \right)$

To compare the above, we need vector fields on the same manifold.

Choose $e_1(t), \dots, e_n(t)$ to be parallel vector fields on M s.t. $\{e_1(t), \dots, e_n(t)\}$ is an orthonormal basis of $T_{\gamma(t)}M, \forall t$.

Similarly choose $\tilde{e}_1(t), \dots, \tilde{e}_{n+k}(t)$ on \tilde{M} .

$$\text{Choose } e_1(t) = \frac{\gamma'(t)}{|\gamma'(t)|}, \quad \tilde{e}_1(t) = \frac{\tilde{\gamma}'(t)}{|\tilde{\gamma}'(t)|}$$

Since we want to apply the index

$$\text{lemma, we also assume } e_2(t_0) = \frac{J(t_0)}{|J(t_0)|}$$

$$\tilde{e}_2(t_0) = \frac{\tilde{J}(t_0)}{|\tilde{J}(t_0)|}$$

Any vector field V along γ can be written

$$\text{as } V(t) = \sum_{i=1}^n g_i(t) e_i(t)$$

define $\varphi(V) := \sum_{i=1}^n g_i(t) \tilde{e}_i(t)$

then $\langle \varphi(V_1), \varphi(V_2) \rangle_{\tilde{M}} = \langle V_1, V_2 \rangle_M$

and $\frac{D(\varphi(V))}{dt} = \varphi\left(\frac{DV}{dt}\right)$

because $\{e_i(t)\}$ and $\{\tilde{e}_i(t)\}$ are orthonormal bases of parallel vector fields.

Put $U := \frac{J}{|J(t_0)|}$ and $\tilde{U} = \frac{J}{|\tilde{J}(t_0)|}$

By the index lemma:

$$I_{t_0}(\varphi(U), \varphi(U)) \geq I_{t_0}(\tilde{U}, \tilde{U})$$

because \tilde{U} is a Jacobi field.

$$\begin{aligned} I_{t_0}(\varphi(U), \varphi(U)) &= \int_0^{t_0} \left(\left\langle \frac{D}{dt} \varphi(U), \frac{D}{dt} \varphi(U) \right\rangle - \left\langle \tilde{R}(\tilde{\gamma}', \varphi(U)) \tilde{\gamma}', \varphi(U) \right\rangle \right) dt \\ &= \int_0^{t_0} \left(\left\langle \varphi \frac{DU}{dt}, \varphi \frac{DU}{dt} \right\rangle - \left\langle \tilde{R}(\tilde{\gamma}', \varphi(U)) \tilde{\gamma}', \varphi(U) \right\rangle \right) dt \\ &= \int_0^{t_0} \left(\left\langle \frac{DU}{dt}, \frac{DU}{dt} \right\rangle - \left\langle \tilde{R}(\tilde{\gamma}', \varphi(U)) \tilde{\gamma}', \varphi(U) \right\rangle \right) dt \end{aligned}$$

$$\leq \int_0^{t_0} \left(\left\langle \frac{DU}{dt}, \frac{DU}{dt} \right\rangle - \left\langle R(\gamma', U) \gamma', U \right\rangle \right) dt$$

using the hypothesis $\tilde{K} \geq K$ and $|\gamma'| = |\tilde{\gamma}'|$

$$= I_{t_0}(U, U).$$

$$S_0 \quad I_{t_0}(U, U) \geq I_{t_0}(\tilde{U}, \tilde{U})$$

$$\frac{1}{2} \frac{\| \dot{\gamma}'(t_0) \|^2}{\dot{\gamma}(t_0)} \geq \frac{1}{2} \frac{\| \tilde{\dot{\gamma}}'(t_0) \|^2}{\tilde{\dot{\gamma}}(t_0)}$$