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Food for Thought

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UCSD

Graduate Student Life Hacks

Abstract:

LIFE HACK: Attend Food For Thought (FFT) on Wednesday at 4:00 PM. Studies show that attending FFT improves mood by 43%, attending FFT boosts cognition by 15%, attending FFT decreases stress by 28%, and that 120% of statistics that people quote are 150% true! If you attend FFT this week, we'll talk about a few other graduate student life hacks that hopefully can improve your life by just a little bit. See you there!

October 5, 2022

4:00 PM

APM 5402
